

CHEF'S SPECIALS

Includes Hot Entrée, Choice of Fruit, Juice, and Milk

WEEK 1

Monday: **Savory Sausage Breakfast Pizza**
 Tuesday: **Mini Maple Waffles**
 Wednesday: **Egg & Cheese Bagel Sandwich**
 Thursday: **Breakfast Burrito**
 Friday: **Whole Grain Donut Ring**

WEEK 2

Monday: **Pancake Sausage on a Stick**
 Tuesday: **Freshly Baked Cinnamon Roll**
 Wednesday: **French Toast Sticks**
 Thursday: **Cheese Omelet in Soft Tortilla**
 Friday: **Whole Grain Donut Holes**

GOOD TO GO

Includes Hot Entrée, Choice of Fruit, Juice, and Milk

Rotating Entree Choices

Breakfast Burrito • Bagel Sandwich
 English Muffinwich • Biscuit Sandwich
 Ultimate Breakfast Round • Cereal • Pop Tart
 Oatmeal • Fruit & Yogurt Parfait Bar, Cheese Omelet

Fresh Fruit, Yogurt and Granola Parfaits served Daily –
 \$2.25

Build a Healthy Plate

Make half your plate
 fruits and vegetables.
 Make at least half your
 grains, whole grains.
 Vary your protein choices.
 Switch to skim or 1% milk.

For more information go to
www.choosemyplate.gov

The Breakfast Menu follows the guidelines of the School Breakfast Program (SBP)

A complete breakfast meal consists of fruit and
 two of the three available options:

- Grains
- Protein
- ½ Pint Milk

BREAKFAST PRICES

Student	\$1.90
Reduced	\$0.30
Adult	\$2.20
Milk	\$0.40

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 e-mail?

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