

A vertical photograph on the left side of the page shows three white bowls filled with fresh fruit. The top bowl contains blueberries, the middle bowl contains raspberries, and the bottom bowl contains walnuts.

BREAKFAST

Served Daily at MHLT Schools

Breakfast helps children:

- *Pay attention
- *Perform problem-solving tasks
- *Improve memory

Breakfast Entrée choices:

- *Hot or cold cereals
- *Freshly baked pastries
- *Pre-packaged items that can be saved for later in the day, such as pop tarts, cereal bars, and granola bars with choice of yogurt or string cheese!

Each Breakfast includes:

- *Choice of Entrée
- *Milk
- *Fruit/Vegetable juice
- *Fresh Fruit (Whole & Cut-up)
- *Pre-packaged fruit items that can be saved for later in the day, such as applesauce cups or raisins!

Breakfast Prices:

- \$1.90 for elementary & middle school students
- \$0.30 for students who qualify for reduced meals
- Free for students who qualify for free meals
- \$2.20 for adults

Applications for free/reduced meals are accepted throughout the year! For more information or to receive an application, call MJ1 Office at 715-356-5206.